



January 2012



Lockwood of Fenton
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Emergency Maintenance
(810) 355-8283

Office Hours of Operation:

Monday– Friday..9:00-6:00 P.M.

Saturday.....10:00-4:00 P.M

Lockwood of Fenton Staff

Manager... Jennifer Staniszewski

Leasing Consultant.... Connie Nash

Activity Director... Pamela Myers

Housekeeping.... Sue Lebaron

Housekeeping...Bernadine McDougal

Janitorial....Ma'quetta Smith

Maintenance...Mark Schmidt

Concierge....Laurie Radcliff

Concierge ... Shelby Huber

The Medical Team (810) 750-2827

Woodside Dining (810) 750-2162

Elder Elegance Salon (810) 629-3454

Happy 2012!

Happy New Year Everyone! I am thrilled to be a part of the Lockwood staff and am enjoying getting to know all of the residents. What an amazing group of people!



I am coming to you with 30 years experience in this field and am planning on making an interesting and diversified calendar that you will look forward to each month.

Please stop in my office with your ideas and suggestions.

Let's have a great 2012 together!

Pamela Myers, Activity Director.

Unscramble the words:

Notfne

Retniw

Hipsdfenir

Dazizrlb

lueav

yromem

ekkoara

nitewr (answers on page 4)



January Trips!

10:00 A.M.—**VG's and Banks** each Monday. (When the office is closed on a Monday, transportation to the store/bank will be on Tuesday).

10:00 A.M.—We will go to **Wal-Mart** on Fridays. The last Friday of the month we will go to Meijer, Target or another store of your choice.

1/12 - Lunch at **Lucky's!** We will leave promptly at 11:30 A.M.

1/19— **Movie Matinee** at Trilion Theaters in Grand Blanc. Time and Movie to be announced.

1/24- Breakfast @ **Bob Evans**. Bus leaves @ 10:30 A.M.

1/26—Lunch at **Johnnies**. Let's go visit Dallio at 11:30 A.M.!

Please be sure to sign up for all trips at the front desk.

Entertainment and Education

1/2 @ 1:30—**Col. Kennard** will do a presentation on "The Underground Railroad"

1/9 @ 1:30 P.M. Making **Jewelry** in the activity room

1/9 @ 6:00 P.M, **Alzheimer's Support Group**. This group is for families of loved ones suffering from Alzheimer's disease and meets once a monthly in the Lockwood library.

1/10 @ 3:30 P.M. **In-service on Cataracts with Dr. Pratt** . We will meet in the dining room.

1/18 @ 3:00 P.M. **Name that Tune with Linden Middle School**

1/24 @ 2:30 P.M. Music with **Craig D**

6:00 P.M. Each Thursday—**Movies with Judy**

1/9 @ 6:00 P.M.. **Mary Kay** consultant will be here to work with eye color. There will also be eyebrow waxing with a professional esthetician. Cost for a wax is \$5.00



"Cheers to a New Year and another opportunity for us to get it right" —Oprah Winfrey



New! New! New! New! New! New! New! New! New! New! New! New! New!

You spoke and we listened! Please join us for these new activities!

- ♦ We are adding **Euchre** on Sundays at 3:00 P.M.
- ♦ **Karaoke** anyone? We are having a Karaoke contest on January 23rd. Come and show us what you've got!
- ♦ Keep up on current events with "**News and Views**" every other Tuesday at 1:30 beginning 1/3/12...Lot's of conversation going on here~
- ♦ **Body Recall**. Wednesdays in January, at 9:00 A.M. please join Sarah for this new and exciting exercise.
- ♦ **Exercises five days a week!** We are now offering exercises Monday through Friday. Its new, its fun and it will give you tons of energy for the day! It is a mix of cardio, balance training, weights and meditation.
- ♦ **Poetry corner!** We will meet on 1/30/12 @ 1:30 for poetry readings. Come join us for this relaxing time in the sunroom~
- ♦ **Meditation...** We will be gathering for meditation and relaxation on 1/12/12 @ 2:30 P.M. Meditation is also done Mon, Tues, Thurs & Fri during exercise class..
- ♦ **Cocktail hour!** We will now be offering cocktail hour each Friday at 2:00 in the dining room. Please join us for a fun filled afternoon~
- ♦ **Massage Therapy!** Elite Massage will be here once per month to offer massages. See daily activity sheet's for time and pricing.

Hmmm....a couple of surprises are coming your way also. Can you keep a secret? Shhhhh...Come to my office and I will give you a few hints...Pam

"May all of your troubles last as long as your New Years resolutions" - Joey Adams

Resident/Staff News



Do you have some new, exciting news that you would like to share with everyone at Lockwood? Please let us know so we can announce it in the newsletter!

From Our Dining Room...

If you are going out on a Lockwood bus trip and will not be here for lunch and or dinner, please notify the concierge **the day before** the trip if you would like your meal when you return home.

Happy Birthday!

Please join us in wishing these wonderful people a happy birthday!

Helen Killian 1/8

George Funch 1/9

Laura Cassise 1/9

Joan Stewart 1/14

Jim Moore 1/14

Beverly Henderson 1/18

Lora Petzler 1/18

Leon Becker 1/23

Jerry Burke 1/25

Phyllis Zengerle 1/26

Gertrude Hall 1/26

Mary Herblet 1/27

Harry Schrom 1/31

Answers to word scramble:

1. Fenton 2. Winter 3. Friendship 4. Blizzard 5. Value 6. Memory 7. Karaoke 8. Winter (yes, winter is on there twice. Gotchya!)

“ I have learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel “ - Maya Angelou

Love 